



Dynamics of Positive Attitudes

"When you learn to "Choose Your Attitudes" you have the power and freedom to be your own person, capable of determining and achieving your goals and dreams."

"Most people believe attitudes just happen.

They don't!

The thoughts we hold in our mind over time become our attitudes.

These attitudes become the blueprint for our experiences.

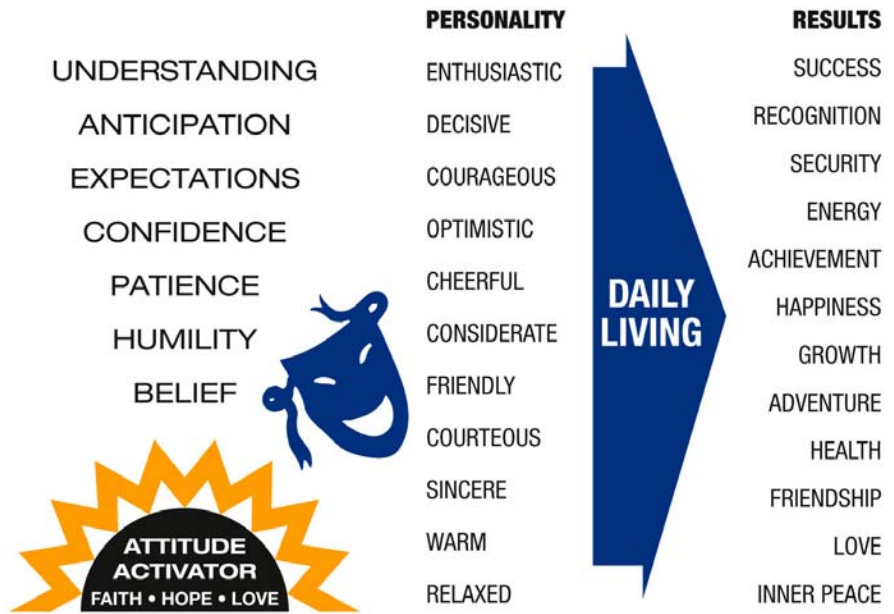
Negative attitudes activated by fear and doubt & hate, reinforce negative, unproductive, self-defeating behaviors.

But Positive Attitudes, activated by Faith, Hope and Love generate positive attitudes, responses and feelings to the people and events around us.

It's not easy to change our negative attitudes.

**It takes time!
It takes practice!**

But the joy and success we experience when we act, instead of react . . . when we see opportunity, instead of problems, is the greatest gift we can give ourselves.



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Dynamics of Negative Attitudes



- ENVY
- GREED
- ANGER
- CONCEIT
- CYNICISM
- SELF-PITY
- SUSPICION
- INDECISION
- CRITICISM
- INFERIORITY



PERSONALITY

- INCONSIDERATE
- PESSIMISTIC
- CRUEL
- WEAK
- COLD
- RUDE
- SOUR
- DRAB
- IRRITABLE
- UNDETERMINED

DAILY LIVING

RESULTS

- WORRY
- TENSION
- DESPONDENCY
- FRUSTRATION
- JOB WEARINESS
- UNHAPPINESS
- FAILURE
- SICKNESS
- POVERTY
- LONELINESS
- FATIGUE
- DISSATISFACTION
- BOREDOM

"The greatest discovery in our generation is that human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives.

~ William James